**How to prepare for an interview**

1. **Research yourself**  Know why you want the job. Review your CV and application. Consider your fit with the program requirements/job description. Identify transferable skills, key accomplishments, work style, and personal and professional strengths. Remind yourself of specific experiences that exemplify these skills and strengths.

2. **Practice responding to questions**
   a. Behavioral event interview (BEI), it means they are structured interviews used to collect information about past behavior.
   b. STAR Technique: Situation you faced, Task to accomplish, Actions you took, Results you achieved

3. **Prepare a list of 4-5 good questions** you have about the position.

4. Get a good night’s rest!

5. Allow plenty of time to get to the interview and plan to arrive a bit early (virtually).

https://www.youtube.com/watch?v=Ks--Mh1QhMc  “TED: Your body language may shape who you are”
Q & A