

## MODULE 10 –NUTRITION & FOOD SECURITY

*Month, Year*

Today, we would like to ask you about food consumption in your household.

### A. NUTRITION

		A1. In the past <u>one week</u> (7 days), how many days did you or others in your household consume any [...]?
		<b>IF NOT CONSUMED, RECORD ZERO</b>
		NUMBER OF DAYS
A.	<b>Cereals, Grains and Cereal Products</b> (Maize Grain/Flour; Green Maize; Rice; Finger Millet ; Pearl Millet; Sorghum; Wheat Flour; Bread; Pasta; Other Cereal)	
B.	<b>Roots, Tubers, and Plantains</b> (Cassava Tuber/Flour; Sweet Potato; Irish Potato; Yam; Other Tuber/Plantain)	
C.	<b>Nuts and Pulses</b> (Bean; Pigeon Pea; Macademia Nut; Groundnut; Ground Bean; Cow Pea; Other Nut/Pulse)	
D.	<b>Vegetables</b> (Onion; Cabbage; Wild Green Leaves; Tomato; Cucumber; Other Vegetables/Leaves)	
E.	<b>Meat, Fish and Animal Products</b> (Egg; Dried/Fresh/Smoked Fish (Excluding Fish Sauce/Powder); Beef; Goat Meat; Pork; Poultry; Other Meat)	
F.	<b>Fruits</b> (Mango; Banana; Citrus; Pineapple; Papaya; Guava; Avocado; Apple; Other Fruit)	
G.	<b>Cooked Foods from Vendors</b> (Maize - boiled or roasted; Chips; Cassava – boiled; Eggs – boiled; Chicken; Meat; Fish; doughnut; Samosa; Meal eaten at restaurant; Other cooked foods from vendors)	
H.	<b>Milk and Milk Products</b> (Fresh/Powdered/Soured Milk; Yogurt; Cheese; Other Milk Product - Excluding Margarine/Butter or Small Amounts of Milk for Tea/Coffee)	
I.	<b>Fats/Oil</b> (Cooking Oil; Butter; Margarine; Other Fat/Oil)	
J.	<b>Sugar/Sugar Products/Honey</b> (Sugar; Sugar Cane; Honey; Jam; Jelly; Sweets/Candy/Chocolate; Other Sugar Product)	
K.	<b>Spices/Condiments</b> (Salt; Spices; Yeast/Baking Powder; Tomato/Hot Sauce; Fish Powder/Sauce; Other Condiment)	
L.	<b>Beverages</b> (Tea; Coffee; Cocoa, millo; Squash; Fruit juice; Freezes/flavoured ice; Soft drinks such as Coca-cola, Fanta, Sprite, etc.; commercial traditional-style beer; Bottled water; Bottled /canned beer; Traditional beer; Wine or commercial liquor; Locally brewed liquor; other beverages)	

## B. FOOD SECURITY

B1. In the past 7 days, did you worry that your household would not have enough food? Answer: \_\_\_\_\_

1=Yes

2=No

B2. In the past 7 days, how many days have you or someone in your household had to... <b>IF NO DAYS, RECORD ZERO</b>		DAYS
a.	Rely on less preferred and/or less expensive foods?	
b.	Limit portion size at meal-times?	
c.	Reduce number of meals eaten in a day?	
d.	Restrict consumption by adults in order for small children to eat?	
e.	Borrow food, or rely on help from a friend or relative?	

B3. How many meals, including breakfast are taken per day in your household?		NUMBER
a.	Adults	
b.	Children (6-59 months) LEAVE BLANK IF NO CHILDREN	

B4. In the past "**X**" months [number of months since the last survey on this topic], have you been faced with a situation when you did not have enough food to feed the household? Answer: \_\_\_\_\_

1=Yes

2=No >>B7

B5. When did you experience this incident in the last "**X**" months [number of months since the last survey on this topic]?

MARK X IN EACH MONTH OF 2013 AND 2014 THE HOUSEHOLD DID NOT HAVE ENOUGH FOOD

LEAVE CELL BLANK FOR FUTURE MONTHS FROM INTERVIEW DATE OR MONTHS MORE THAN "**X**" MONTHS AGO FROM INTERVIEW DATE [number of months since the last survey on this topic].

2013											
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
2014											
Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec

B6. What was the cause of this situation? LIST UP TO 3 [**Do not read options. Code from response**].

### CODES FOR B6:

1=Inadequate household stocks due to drought/ poor rains

2=Inadequate household food stocks due to crop pest damage

3=Inadequate household food stocks due to small land size

4=Inadequate household food stocks due to lack of farm inputs

5=Food in the market was very expensive

6=Unable to reach the market due to high transportation costs

CAUSE 1	CAUSE 2	CAUSE 3

7=No food in the market

8=Floods/water logging

9=Other (Specify): \_\_\_\_\_

B7. Does your household cope with food shortages in any of the following ways?		1=Yes 2=No
A.	Reduce number of meals eaten in a day	
B.	Limit portion size at meal-times	
C.	Rely on less preferred and/or less expensive foods	
D.	Change food preparation	
E.	Borrow money, food, or rely on help from a friend or relative	
F.	Postpone buying tea/coffee or other household items?	
G.	Postpone paying for education (fees, books, etc.)?	
H.	Sell household property, livestock, etc.?	

B8. In case of food shortage, who eats less? Answer: \_\_\_\_\_

1=Boys 0-15 years

2=Girls 0-15 years

3=Boys and Girls 0-15 years

4=Men 16-65 years

5=Women 16-65 years

6=Men and women 16-65 years

7=People over 65 years old

8=Everyone eats equal amounts